

# Special Edition Croton Senior News

## September 2021

### IMPORTANT

**20th ANNIVERSARY  
of  
9/11  
CEREMONY  
@  
CROTON LANDING  
PARK  
1pm  
Transportation  
will be available to take  
you to the memorial.**



### TOWN OF CORTLANDT

#### SCHEDULE OF EVENTS

**PIZZA & MOVIE** - Friday, September 10th “Judy” starring Renee Zellweger, Jessie Buckley and Finn Witrock, 30 years after starring in “The Wizard of Oz” Judy Garland arrives in London to perform sold out shows. While she is there, she begins a whirlwind romance with musician Mickey Deans, her soon to be 5th husband. \$ 5.00 includes the movie and 2 slices of pizza, beverage and dessert. Must pre-register with payment .

**Big Bingo:** Wednesday, September 1st. Entrance fee is \$7.00 paid in advance includes a card for each game. Additional cards, dabbers and bonus games will be available for purchase the day of event. Must pre-register.

**Watercolor Paint Class w/ Instructor, Hillary.** Paint various floral and landscapes. Full instructions will be given for beginners through advanced. Thursdays starting September 30th for 5 weeks. \$50 with your own supplies, list will be provided. Pre-registration is required with check payable to Town of Cortlandt no later than one week prior to class. Min. 8, max. 10.

**IPad Class:** Learn the basics starting Wednesday, September 22nd and 23rd from 9:30-11:30am. Cost is \$20.00 and pre-registration is required with payment. Must bring your own IPad or use a town IPad. A phone is not acceptable.

**American Red Cross Health & Safety Instructor, Lesley Popkin** will hold a workshop to help you gain the knowledge and confidence to manage emergency situations until further medical help arrives. This is a general overview and you will not receive a certification. Pre-registration for either September 21st or 28th (1 day) is required. Topics include:

- \* Managing an incident scene
- \* Patient assessment & when to call 911
- \* Infection control and hand hygiene
- \* Managing an unconscious person
- \* Choking
- \* Dealing with bleeding and shock
- \* Recognizing STROKE
- \* Heat & Cold related emergencies

**Flu Shots:** To help support the health and safety of our community our friends at Save Mor Pharmacy have offered to host a Flu Vaccine at our Center this fall. Wednesday, September 22nd between 10:00am –2:00pm. No appointment necessary: This clinic is open to all Seniors, just bring your Medicare card.

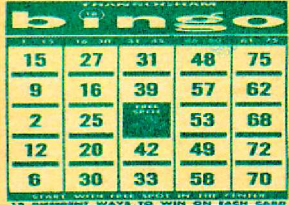




# TOWN OF CORTLANDT CALENDAR

## THE "GOLDEN CONNECTION"

29 Westbrook Dr., Cortlandt Manor  
(914) 528-1572

### SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>NOTE: Calendar Subject to change without prior notice!</b>		1 Big Bingo 12:30pm 	2 Chair Yoga 10:30am Wii Bowling 11:45am Verplanck Mtg. 10am	3 Low Impact 10:15a Zumba 12:15pm
6 <b>Center Closed</b>  <b>Labor Day</b>	7 Nor-Cort Meeting 10:30am Lunch 11:30am Bingo 12:00pm	8 Cortlandt Meeting 10:30am Lunch 11:30am Bingo 12:00pm	9 Chair Yoga 10:30am Wii Bowling 11:45am Verplanck Mtg. 10am	10 Low Impact 10:15a Zumba 12:15pm Pizza & Movie "Judy" 1:00pm
13 Line Dancing 10:30am Tai Chi 12:15pm Ceramics 12:30pm	14 Nor-Cort Meeting 10:30am Lunch 11:30am Bingo 12:00pm	15 <b>NO PROGRAMS</b> Board of Elections	16 Chair Yoga 10:30am Wii Bowling 11:45am Verplanck Mtg. 10am	17 <b>TRIP OUT 9:45am</b> Low Impact 10:15a Zumba 12:15pm
20 Line Dancing 10:30am Tai Chi 12:15pm Ceramics 12:30pm	21 Red Cross Health & Safety Workshop 10:30am-12:30pm <b>NO COFFEE HOUR</b>	22 iPad Class 9:30 - 11:30am <b>WALK IN FLU SHOTS 10AM-2PM</b>	23 iPad Class 9:30 am- 11:30am Chair Yoga 10:30am Wii Bowling 11:45am Verplanck Mtg. 10am	24 Low Impact 10:15a Zumba 12:15pm
27 Line Dancing 10:30am Tai Chi 12:15pm Ceramics 12:30pm	28 Red Cross Health & Safety Workshop 10:30am-12:30pm <b>NO COFFEE HOUR</b>	29 <b>NO PROGRAMS</b> <b>Board of Elections</b>	30 <b>NO CHAIR YOGA NO WII BOWLING</b> Verplanck Mtg. 10am Veterans Mtg. 11:00am Paint Class 12:30pm - 2:30pm	

# September Birthdays

Emily Mulhall	September 1
Bill Tuttle	2
Luba Nikic	3
Devon Sharma	3
Louise Giglio	5
Connie Corry	9
Phyllis Wilensky	10
Linda Potthast	13
Joel Gingold	17
Mary Ellen Olufsen	17
Mielna Psce	18
Estelle Calcutti	21
Barbara Parker	24
Janet DeGrazia	21
Vince Duffy	28

**PIZZA PARTY**

**FRIDAY**

**SEPTEMBER 24th**

**12 NOON-2:30**

**@**

**CROTON**

**YACHT CLUB**

**\$5ea**

**We Remember Them**

**In the blueness of the skys  
and the warmth of the summer,  
We remember them.**

**Rosemary**

**VanValen (603-3124)**

**will be collecting  
for the pizza**

## **A few words from our President**

Hello Everyone, A big SHOUT OUT to all you Seniors who keep coming to our meetings every week down at Senasqua. Thank you, thank you, thank you. This past Friday we had 30 people come. If a few more of you come we will be able to have a 50/50 again. For those of you who weren't there Ann Gallelli shared some good news with us. The bathroom renovations are almost finished. Which means we could very possibly be back in the Municipal Bldg. sometime in mid-September. Please keep your fingers crossed and say a prayer. I know that some of you haven't been coming because it's too difficult at the park and I'm hoping that you will come back when we are able to get back in the building. However, when we do go back it will be with restrictions. Masks will have to be worn except when eating or drinking. So when you finish your coffee and pastry the mask will have to go back on. We will have to follow CDC protocols and keep our distance from each other. I'm pretty sure we have all had our shots and are getting ready to go take our booster shots in the near future. If you have not had your shots, please go get them now or you will not be able to join us. I'm sorry to have to say that but we all want to be as safe as possible.

The other good news is that we will be having our pizza party at the Croton Yacht Club on Friday, September 24th at 12 noon until 2-2:30. The cost is \$5.00 per person. Please see our new treasurer, Rosemary Van Valen or give her a call in order to give her your money. Her number is: 603-3124. For all you new people to Croton Senior's Club, if you do not know where the Yacht Club is please call me (914-488-48590 or someone to find out. Parking is at a premium over there so please try to car pool if you can.

On the last Monday of this month which is Monday, August 30, Al and I will be collecting non-perishable food donations and also personal care items for the Veterans Food bank in Montrose. We will be doing this at the Municipal Bldg. parking lot from 10 a.m. to 12 noon. I can't begin to tell you how much our donations mean to our veterans and their families. Thank you so much.

Have you noticed all the leaves that are falling already? Seems a bit early to me but perhaps the trees are just tired of this upside down weather also. I don't think it's been a very nice summer at all. Just hot, damp, and humid and rain forecasted for every other day it seems. I'm hoping for a good fall.

Please say prayers for what is going on in the world and in our own country.

Janet Meyer  
President